

THE NEW RULES FOR LOVE, SEX & DATING #3: Designer Sex

INTRODUCTION

Culture convinces us - and sometimes we convince ourselves - that sex is only physical. But if that is true, why is the pain of sexual sin so deep? Because sex is not just physical. God designed it to be so much more. In this message, Andy addresses common myths about sex outside of marriage and offers two specific challenges going forward.

DISCUSSION QUESTIONS

1. What do you remember about the “sex talk” with your mom or dad? Who do you think felt more awkward, you or them?
2. If someone younger asked you for one piece of advice about sex, what would you tell him/her? What would you tell him/her about the purpose of sex?
3. Do you agree with the concept that sex isn’t just physical? Why or why not? What experiences or evidence do you have that supports the idea that sex is more than physical? What are some consequences of treating sex like any other physical act?
4. Paul defines sexual immorality as sex outside of marriage. Do you agree with this definition? In what ways is this standard trivialized in today’s culture?
5. Read 1 Corinthians 6:18. What is the practical application of this verse? What does it look like in today’s culture to “flee” sexual immorality?
6. Read 1 Corinthians 6:19–20. How does this view of our bodies affect what we should believe and practice when it comes to sex?

MOVING FORWARD

Exclusivity is the key to great romance in marriage, but to get it requires setting a personal standard in advance. Even though making choices that honor God with your body might seem like a sacrifice now, it will open the door for marital intimacy later. What decisions can you make today in order to invest in your marriage for tomorrow?

CHANGING YOUR MIND

Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. 1 Corinthians 6:18

